Warm Up Lane Assignments

Modified: 7/7/2025

Warm up lanes have been assigned based on the number of swimmers entered for each team by session. Different from last year, this year, your number of lanes is based on the number of athletes you have entered for each group of sessions (SAT/SUN AM/PM). We continue to run TWO sessions (early and late) of warmups. If you are the early session on day 1, you are the late session on day 2.

There are 10 lanes in the SOUTH pool denoted S0-S9. There are 8 lanes in the NORTH pool denoted N1-N8.

Saturday Early/Sunday Late Teams: **BLOS, BYRD, CAML, CHAP, GREN, HAMC, JVRA, LILY**Saturday Late/Sunday Early Teams: **MNSO, MTSP, MCST, PIED, RSAL, SJST, SHER, VHCC, WHBG**

| Saturday Early, Sunday Late | Sat AM | Sat PM | Sun AM | Sun PM |
|-----------------------------|-------------|---------------|-------------|---------------|
| | (7:15-7:45) | (11:45-12:15) | (7:45-8:15) | (12:15-12:45) |
| BLOS | N1-N3 | N1-N2 | N1-N2 | N1-N2 |
| BYRD | N7-N8 | N7-N8 | N7-N8 | N7-N8 |
| CAML | N4-N6 | N3-N4 | N3-N4 | N3-N4 |
| СНАР | S6-S7 | N5-N6 | N5-N6 | N5-N6 |
| GREN | S1-S3 | S2-S4 | S0-S2 | S0-S2 |
| HAMC | S0 | S0-S1 | S3-S4 | S3-S4 |
| JVRA | S8-S9 | S8-S9 | S5-S6 | S5-S6 |
| LILY | S4-S5 | S5-S7 | S7-S9 | S7-S9 |

| Saturday Late, Sunday Early | Sat AM | Sat PM | Sun AM | Sun PM |
|-----------------------------|-------------|---------------|-------------|---------------|
| | (7:45-8:15) | (12:15-12:45) | (7:15-7:45) | (11:45-12:15) |
| MNSO | N1-N3 | N1-N2 | N1-N2 | N1-N2 |
| MTSP | S9 | S8-S9 | S8-S9 | S8-S9 |
| MCST | S7-S8 | N5-N6 | N5-N6 | N5-N6 |
| PIED | N6-N8 | N7-N8 | N7-N8 | N7-N8 |
| RSAL | S6 | S6-S7 | S6-S7 | S6-S7 |
| SJST | N4-N5 | N3-N4 | N3-N4 | N3-N4 |
| SHER | S4-S5 | S4-S5 | S4-S5 | S4-S5 |
| VHCC | S0 | S0 | S0-S1 | S0-S1 |
| WHBG | S1-S3 | S1-S3 | S2-S3 | S2-S3 |